

The Three Phases of UGM Men's Recovery Program

Phase One (approx. 70 days)

- Stabilization – lockdown first two weeks
- Counselling- minium once a week with a chaplain on staff
- Bible – Scripture based recovery classes, Monday to Friday
- Memorization scripture verses
- Daily Chores
- Participate in daily life of UGM community
- All outside visits supervised by staff or phase 3 appointees*
- Illustrate personal growth

Phase Two (approx. 70 days)

- Bible/counselling/memorization/chores, continue
- Able to work once a week outside the mission
- Encouraged to remain accountable when out of building, as above*
- Demonstrate ability to handle lower restrictions, well.

Phase 3 Options (approx. 70 days)

- Option to find full time employment
- Attend classes to complete high school or take post secondary education
- Apply to become an intern at UGM
- Still visit with chaplain and attend classes and help with chores, as time permits
- Show good mentorship to Phase 1 and Phase 2 participants
- Stay in touch once ready to leave program

Entrance Requirements

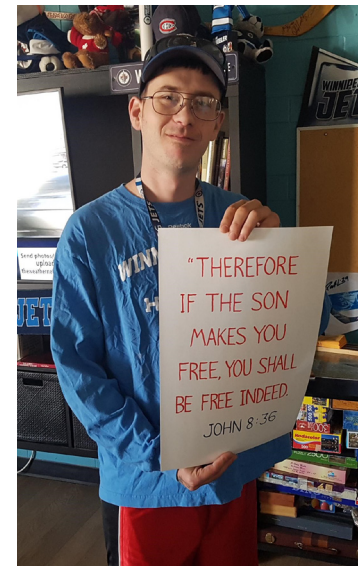
- Must have a recognized addiction
- Must be at least 18 years old, male
- Interested in working towards recovery through willing participation in UGM programs (Biblically-based) and individualized goal planning
- 10 days previous to entry must be drug/alcohol free
- Living expenses to be funded by Social Services or other arrangements (special considerations may be made)



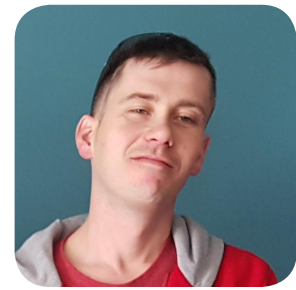
“Then you will call upon Me and go and pray to me, and I will listen to you. And you will seek Me and find Me when you search for Me with all your heart.”
– Jeremiah 29:12-13 (NKJV)



Men's Addiction Recovery Programs



Men's New Life in Christ Recovery Program



Spiritual Development

- Bible classes
- Mentoring support
- Church attendance
- Daily devotions

Recovery / Counseling

- Relationship classes
- One-on-one meetings
- Support groups
- 12 step recovery classes

Life Skills

- Parenting
- Physical health/hygiene
- Janitorial
- Nutrition/cooking
- Financial management

Individualized Spiritual Care

- Weekly meetings
- Basic needs assessment
- Establish care plan to include mid- and long-term goal setting
- Identification of support team
- Advocacy

Educational Development and Employment

- Educational assessment
- High School diploma
- Job search (upon completion of educational goal or program)
- Employment and school attendance are encouraged after Phase 2 completion

Transitional Living Program

Upon successful completion of the **NEW LIFE IN CHRIST PROGRAM** men may move into one of the following options:

- 1 Life Transition
- 2 Education
- 3 Opportunities for Employment
- 4 UGM Servant Leadership Internship

Purpose

The purpose of the program is to introduce men to a saving relationship with Jesus Christ, and to assist those who are believers to develop a life with new hope, new direction, and new power.

The program consists of Bible teaching and reading, prayer, fellowship with other believers, worship both individually and with other believers, and guidance provided by mature Christians.

Check us out!



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