



Entrance Requirements

- Must have a recognized addiction
- Must be at least 18 years old, female
- Interested in working towards recovery through willing participation in UGM programs (Biblically-based) and individualized goal planning
- 10 days previous to entry must be drug/alcohol free
- Living expenses to be funded by Social Services or other arrangements (special considerations may be made)
- Mom may begin child visits after completing 6 weeks in the program

Charis Centre
271 Archibald St
Winnipeg Manitoba
204-415-3934
charisintake@gospelmission.ca

Mailing address:
PO Box 1073 Station Main
Winnipeg, MB R3C 2X4

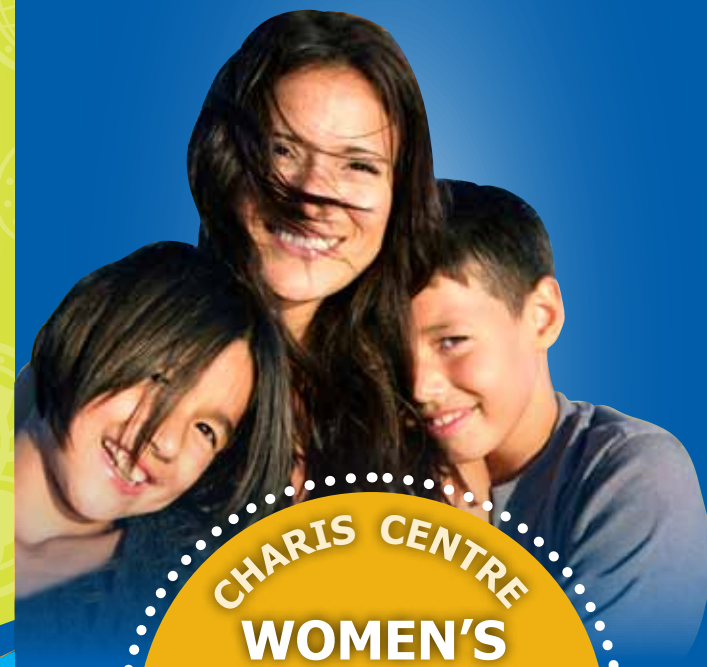
gospelmission.ca



*Charis: God's grace towards us, which affords, joy,
pleasure, delight, sweetness, charisma and loveliness.*



Your Gospel **RESCUE** Mission of Manitoba
www.gospelmission.ca 204-943-9904



CHARIS CENTRE
**WOMEN'S
ADDICTION
RECOVERY
PROGRAMS**

**A Place Where Mothers
May Reunify With Children**

Participants may move through 3 progressive components of recovery

30-Day Program

The initial introductory recovery period provides a safe, supportive environment. The protective environment facilitates long term recovery and ensures safety and accountability to the program.

During this time program participants will explore the core issues of addictions through Bible classes and individual recovery counselling. Twelve step Overcomer classes provide group support.



HEART 1-Year Program

Upon successful completion of the 30-day program women may transition to the one year HEART program.

It continues to build on the 30-day program in exploring addiction issues through Bible classes, individual recovery counselling and twelve step Overcomer groups.

Child visits may begin after the second week of the program. Children 10 and under may have visits on-site and work towards eventual reunification.

Gradual reintegration into community and family life with the support of a Recovery Chaplain is a key component along with relapse prevention.

Transitional Living Program

Upon successful completion of the HEART program women may move into one of the following options:

- 1 – Life Transition
- 2 – Education
- 3 – Opportunities for Employment
- 4 – UGM Servant Leadership Internship

Long-term Supportive Living is available for HEART Program Graduates.

**Healing
Equipping
Accountability
Responsibility
Transition**

Charis Centre's addiction programs teach and model Biblically based principles in order to help women become all that God intended them to be.

Contact Information for In-take:
204-415-3934 ext. 504
charisintake@gospelmission.ca

Drop-In Assessments at:
271 Archibald Street
Wednesday 10:00-11:30 am